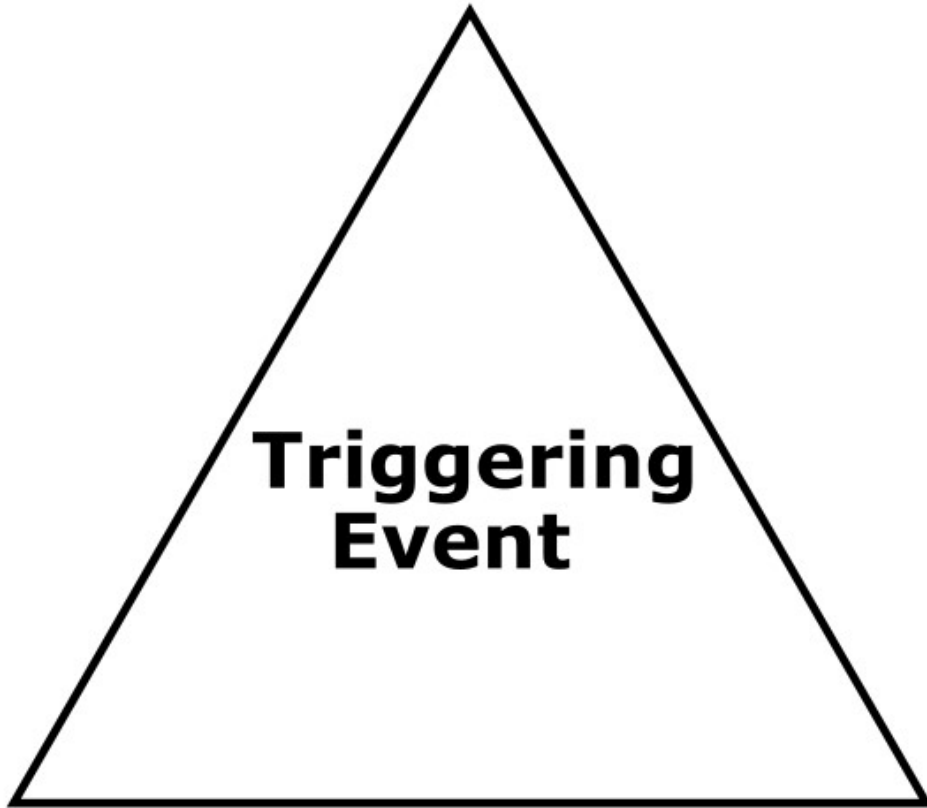


**Thought**



**Emotions  
Sensations**

**Behaviors**

**New, More Adaptive  
Thought**