



## La Cheim Behavioral Health Services

# Partial Hospitalization (PHP) Intensive Outpatient (IOP)

*Intensive crisis stabilization for adults 18+*

3031 Telegraph Ave  
Oakland, CA 94609

Front Desk: 510-596-8125  
Admissions: 510-596-8350  
[admissions@lacheim.org](mailto:admissions@lacheim.org)  
BHS Fax: 510-225-2745

*We currently offer hybrid PHP (a mix of on-site + Zoom),  
as well as PHP & IOP over Zoom.*



We offer two short-term mental health crisis stabilization programs based in Oakland, CA, that both serve the greater SF Bay Area.

Patients start at PHP level of care (5 days per week) and then step down to IOP level of care (3-5 days per week at ½ days).

18+ (adults only) with a primary focus on mental health. Dual diagnosis and eating disordered patients need to be stable enough in recovery to focus on broader mental health goals.

Day Treatment 9:30 am – 2:45 pm (Mon - Fri, excluding select holidays)

<https://www.lacheim.org/php-iop>



On the above web page, find information about health insurance plans accepted, links to our BHS staff page, and a link to our daily schedule page. We update the waitlist time at the bottom of the page weekly! Providers can refer patients directly through the link at the bottom of that page, or patients can self-refer using that link.

We look forward to hearing from you!