



LA CHEIM SCHOOL, INC.



Job Description

Job Title: TBS Specialist (PT/BA/Internship/Practicum level/Associate level)

Work Location: El Sobrante, CA

Division/Department: Therapeutic Behavioral Services

Reports to: Program Associate Director

Full-time

Part-time

Exempt

Nonexempt

Position Summary:

La Cheim TBS is an effective intense short-term program which provides one-to-one counseling for emotionally disturbed children and adolescents with a history of trauma and at risk of losing their current living situation with a parent/caregiver due to behavioral challenges. We facilitate behavioral change through creative use of cognitive-behavioral interventions, Social Learning model, and The Nurtured Heart Approach with the collaboration of the client, parent/caregiver, and a multi-disciplinary team of professionals. We provide services throughout Contra Costa County and Alameda County within the client's home, school, group home, and/or in the community as needed.

Qualifications and Skills:

- Bachelor's degree in counseling psychology, social work, or a related field.
- One year of experience working with children or youth in a mental health setting.
- Experience with client assessment, treatment planning, and case management.
- Knowledge of cognitive-behavioral interventions.
- Bi-Lingual (Spanish) preferred.
- Possess the ability to work with children that have serious behavioral challenges.
- Exceptional oral and written communication skills.
- Able to work independently and collaboratively as part of a multi-disciplinary team.
- Flexible schedule to work evenings and some weekend hours, if necessary.
- Available to maintain a 2-case minimum client caseload
- Must be available to attend and participate in County provider meetings and ongoing trainings through the County and/or Relias in-house trainings.
- Prepare all required progress notes (within 24-hours of session) and reports in a timely manner and by their due dates.
- Reliable transportation with insurance and a good driving record.
- Participation in Individual and/or group supervision as needed.

Additional Requirements:

- Direct care staff must be at least 21 years of age
- Valid California Driver's License
- Clearances of TB test, physical exam, FBI and DOJ, and other mandatory State/Federal requirements.

- Ability to work as a member of multi-disciplinary team
- Staff will be reimbursed for mileage

Pay rate at \$23/Trainee level rate at \$25/ Associate level pay rate at \$29 **Part-Time Position**

Physical Requirements:

The following is the extent of the specific activity required for this position:

- *Stairs –climbing stairs up to 50-100 – up to 2-4 hours, not continuously*
- *Sitting – up to 2 hours, not continuously; standing – up to 4 hours, not continuously*
- *Walking – up to 2 hours, not continuously; bending over – up to 1 hour, not continuously*
- *Crawling – up to 0 hours; climbing – up to 0 hours, reaching overhead – up to a few minutes*
- *Crouching – up to ½ hour, not continuously; kneeling – up to a few minutes*
- *Balancing – up to 0 hours; pushing or pulling – up to a few minutes*
- *Lifting or carrying – 25 pounds or less; repetitive use of feet – up to 0 hours*
- *Repetitive use of hands – up to 0 hours.*
- *Grasping – with one or both, simple and firm, for up to 1 hour, not continuously*
- *Fine dexterity - either hand up to 1 hour, not continuously Auditory and visual acuity – 8 hours within normal limits and may be with glasses, contact lenses or hearing aids.*
- *Driving cars and vans; Exposure to uneven concrete and blacktop*
- *Exposure to normal dust, heat, and noise*
- *Exposure to students with emotional challenges who may be physically and verbally violent and require safe physical management.*
- *Frequent exposure to office equipment.*

Equal Opportunity Employer

La Cheim School, Inc. is committed to diversity in its programming and in creating a staff reflective of the populations in San Francisco and across the Bay Area, and will not discriminate against applicants, employees, or unpaid veterans. We encourage and actively recruit applicants representing diversity of race, color, age, sex, religion, national origin, sex/gender expression and physical ability.

Print Employees Name:

Employees Signature:

Date: